California State University, Monterey Bay

Digital Commons @ CSUMB

Capstone Projects and Master's Theses

Capstone Projects and Master's Theses

12-2017

Teenagers Who Have Been Diagnosed With Cancer Are Fighting for a Better Future

Rocio Enriquez
California State University, Monterey Bay

Follow this and additional works at: https://digitalcommons.csumb.edu/caps_thes_all

Part of the Analytical, Diagnostic and Therapeutic Techniques and Equipment Commons, Diseases Commons, Health Information Technology Commons, Medical Education Commons, Mental and Social Health Commons, and the Other Arts and Humanities Commons

Recommended Citation

Enriquez, Rocio, "Teenagers Who Have Been Diagnosed With Cancer Are Fighting for a Better Future" (2017). *Capstone Projects and Master's Theses*. 232. https://digitalcommons.csumb.edu/caps_thes_all/232

This Capstone Project (Open Access) is brought to you for free and open access by the Capstone Projects and Master's Theses at Digital Commons @ CSUMB. It has been accepted for inclusion in Capstone Projects and Master's Theses by an authorized administrator of Digital Commons @ CSUMB. For more information, please contact digitalcommons@csumb.edu.



Teenagers who have been diagnosed with cancer are fighting for a better future.

Rocío Enriquez,

Jacob's Heart Children's Cancer Support Services

Collaborative Health & Human Services

California State University, Monterey Bay

December 2017



Jacob's Heart Children's Cancer Support Services

Jacob's Heart Children's Cancer Support Services is a non-profit organization that "exists to support and improve the quality of life for children with cancer and supports their families in the challenges they face".

("jacobheart.org," 2017).







Jacobs's Heart Children's Cancer Support Services provides many services to assist each family of children with cancer or other life-threatening illnesses.

("jacobheart.org," 2017).

Camp Heart & Hands

Teen groups









Cancer in adolescents

• Cancer is the leading cause of death by disease in children and adolescents in the United States. (Source: National Cancer Institute)

#rememberingKenton

About 70,000 young people (ages 15-39) are diagnosed with cancer each year in the United States.

"Leukemia, Lymphoma, Testicular Cancer, and Thyroid Cancer are the most common cancer among 15-24 year old".

Kennedy, M. (2015)



Cause and effect

- ➤ Diagnosis test
- **Chemotherapy**
- **Radiation**
- Stem or bone marrow transplant

- **Discomfort**
- > Nausea
- **→** Vomiting
- **▶**Body pain
- > Fever
- >Infection
- **Fatigue**
- >Low appetite

- >Emotionally paralyze
- > Depression
- >Suicidal thoughts
- ➤ Social anxiety
- >Stress
- >Increase dependence
- >Hopeless
- >Fear
- > Isolation

(Zebrack, B.J., Chesler, M.A, Penn, A., 2007). (McLeod, A. n.d.).

30% all the teens Jacob's Heart serve will graduate with their class.

The Youth Skill Development Curriculum

Help Jacob's Heart teens flourish in life







When they believe in themselves its great to see what they can accomplish

www.manaraa.com

The Youth Skill Development Curriculum

Date	Time	Title
Wednesday, July 12 th	5:00-5:30 p.m.	Understanding the Junior Board
Wednesday, July 26 th		Application due!
Wednesday, July 26 th	6:00- 7:30p.m.	Building resume and personal statement
Wednesday, August 16 th	6:00- 7:30 p.m.	Presenting to the Board members
Wednesday, August 30 th	6:00- 7:00 p.m.	Scholarship search
Wednesday, October 11 th	6:00-7:00 p.m.	Guest Speakers from CSUMB
	5:00 - 6:00	Pinning Ceremony





The Youth Skill Development Curriculum

Workshops

• Flourish - Grown and think about their future

Give hope for a cancer survivors for their future goal

The Junior Board

- Mentors An experienced and trusted adviser
- Empower Become stronger and more confident, especially in controlling one's life and claiming one's rights.
- Critical thinking Analyze and evaluate an issue in order to form a judgment.



Results

Attendance

Workshop #1: Six teens

Workshop #2: Two teens

2017 CSUMB Open House

Two of our Jacob's Heart teens were interest in attending the 2017 CSUMB Open House in October

Pinned for the Junior Board

- 1. A president
- 2. A secretary





Challenges & Recommendations

U NEVER KNO

Try focusing on limiting the number of workshops in order to increase the number of participants.





Acknowledgement

Stephanie McMurtrie

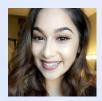
Lecturer
Health, Human Services & Public Policy



smcmurtrie@csumb.edu

Mariela Medina

Teen Family Support Specialist
Jacob's Heart Children's Cancer Support Services



mariela@jacobsheart.org

Margaret Keith Manager Student Disability Resources mkeith@csumb.edu

Thomas Rogers

Career Advisor, Career Development Lecturer Health, Human Services & Public Policy



throgers@csumb.edu

Purvi Shah

Assistant Director for Recruitment Office of Admissions



pshah@csumb.edu

My family and
Jacob's Heart Children Cancer Support
Services staffwww.manaraa.com



References

Kennedy, M. (2015). Survivors of teenagers cancer struggle with jobs, emotions later in life. *Health News*. Retrieved from http://www.foxnews.com/health/2015/07/13/survivors-teenage-cancer-struggle-with-jobs-emotions-later-in-life.html

McLeod, A. (n.d.). The adolescent with cancer: Psychological and ethical issues. Retrieved from http://www.apagbi.org.uk/sites/default/files/images/McLeod%2C%20Andrew.pdf

Mission and vision. (2016). *In Jacobs's Heart Children's*Cancer Support Services. Retrieved from http://jacobsheart.org/mission-and-vision/

Services. (2016). In *Jacobs's Heart Children's Cancer Support*Services. Retrieved from

http://jacobsheart.org/

Zebrack, B.J., Chesler, M.A., Penn, A. (2007). Psychosocial support Cancer in Adolescents and Young Adults 375–386, 2007 Berlin, Germany Springer-Verlag.

